

A stack of books is placed on a wooden table in a library. The top book is open, showing its pages. The background is a blurred bookshelf filled with many books.

Special class on How to prepare NCERT Books for UPSC Preparation

By Jatin Verma

www.jatinverma.org

IMPORTANCE OF NCERTS IN UPSC PREPARATION

- UPSC experts who set questions for Civil Services Exam prelims and mains, give high priority to NCERT books.
- Though the expert panel refers various sources, many questions can be answered if aspirants study information available in NCERT texts from class 6-12 thoroughly.

For example, consider the **UPSC CSE Prelims 2016 question**.

Q. Banjaras during the medieval period of Indian history were generally

- (A) agriculturists
- (B) warriors
- (C) weavers
- (D) traders

The correct answer is the option (D).

This information is available in NCERT History Class 7 – Ch 7: Tribes, Nomads and Settled communities, Page 94-95.

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IMPORTANCE OF NCERTS IN UPSC PREPARATION

UPSC CSE 2017

Q. The painting of Bodhisattva Padmapani is one of the most famous and oft-illustrated paintings at

- (A) Ajanta
- (B) Badami
- (C) Bagh
- (D) Ellora

The correct answer is (A). Source: NCERT, Std. 11 – An Introduction to Indian Art. Page 54 shows photograph with the caption: Padmapani bodhisattva at Ajanta Cave no. 1.



WHICH BOOKS TO READ?

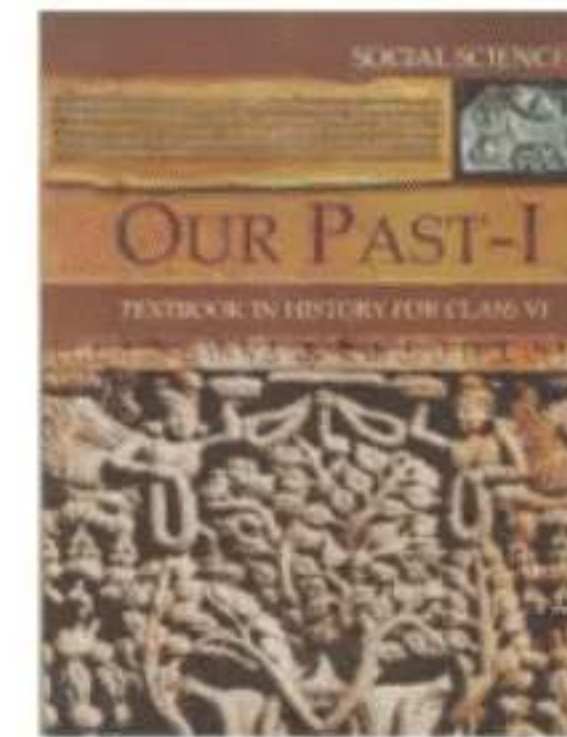
- For UPSC CSE Prelims, it is highly recommended that you read NCERT Books from standard 6 to standard 12.
- It is important that you study the books topic-wise (refer the syllabus), and not chapter-wise.
- Before you begin, go through the previous years' preliminary question papers and analyze them.
- This should give you a brief idea about the type of questions UPSC asks under each topic and the frequency of these questions.
- Knowing what's important under each topic will make your approach easier.
- Following is a list of topics that broadly appear in the UPSC CSE Preliminary Examination & the respective NCERT Books you should refer:



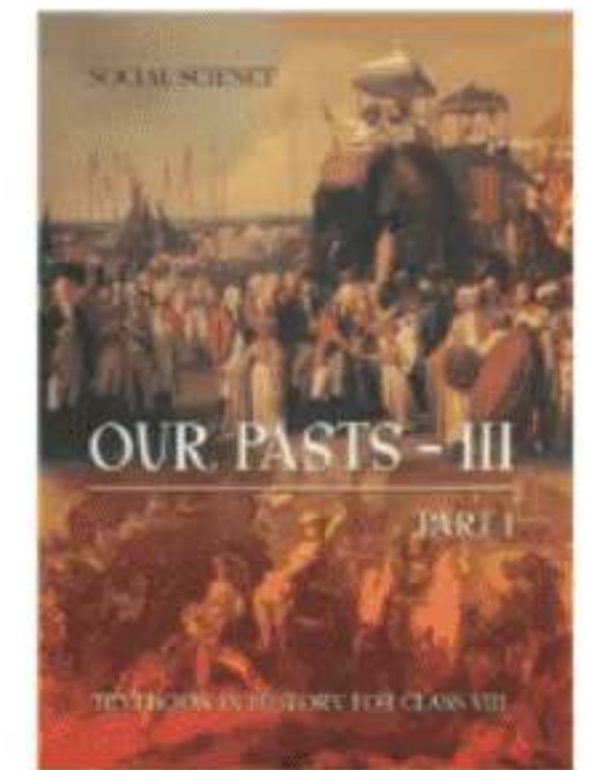
HISTORY NCERTS

UPSC Preparation Books from NCERT History Books:

History: NCERT Class VI – Our Past



History: NCERT Class VII – Our Past –I



History: NCERT Class VIII – Our Past II



History: NCERT Class VIII – Our Past III

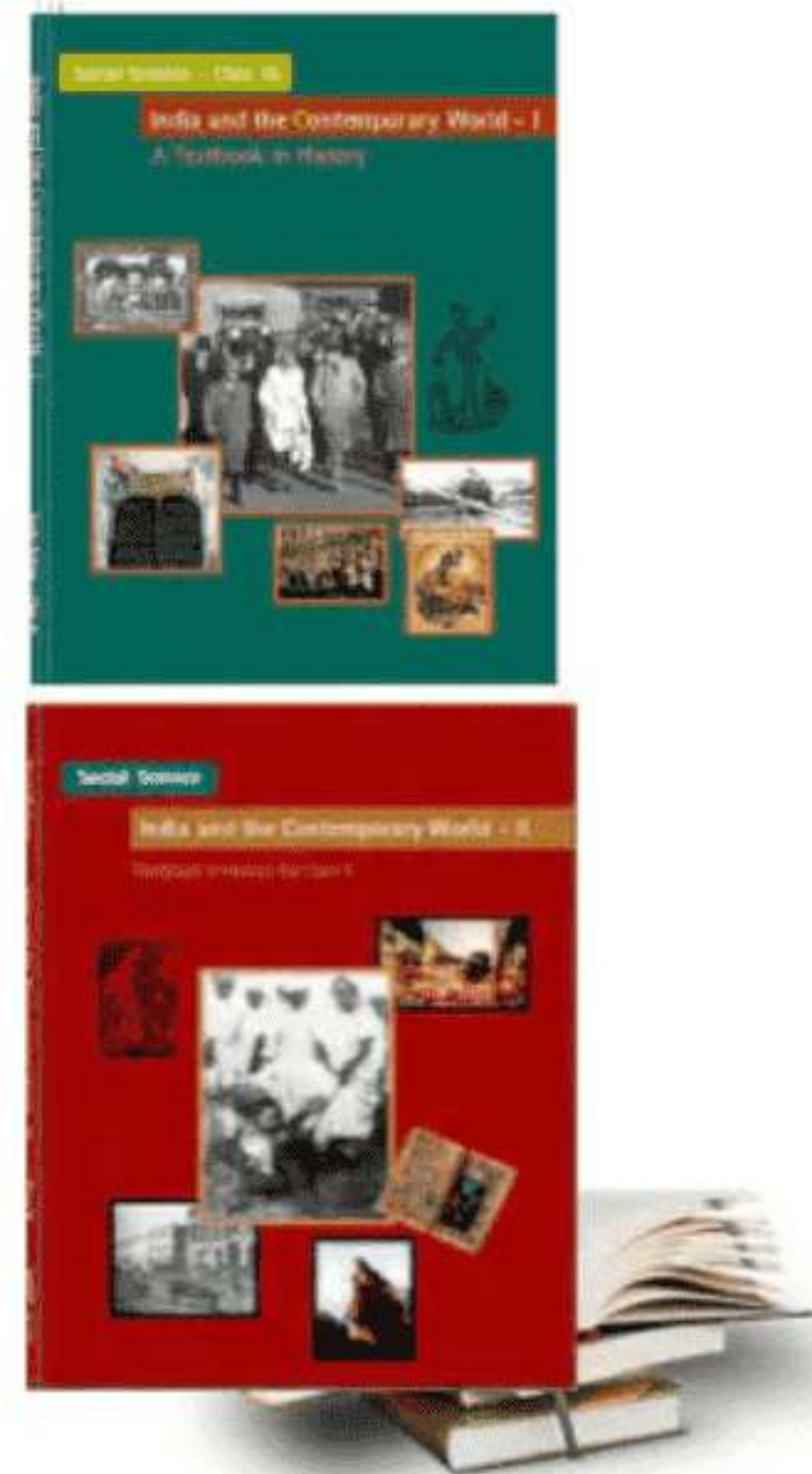


HISTORY NCERTS

UPSC Preparation Books from NCERT History Books:

History: NCERT Class IX – India and the Contemporary World – I

History: NCERT Class IX – India and the Contemporary World – II



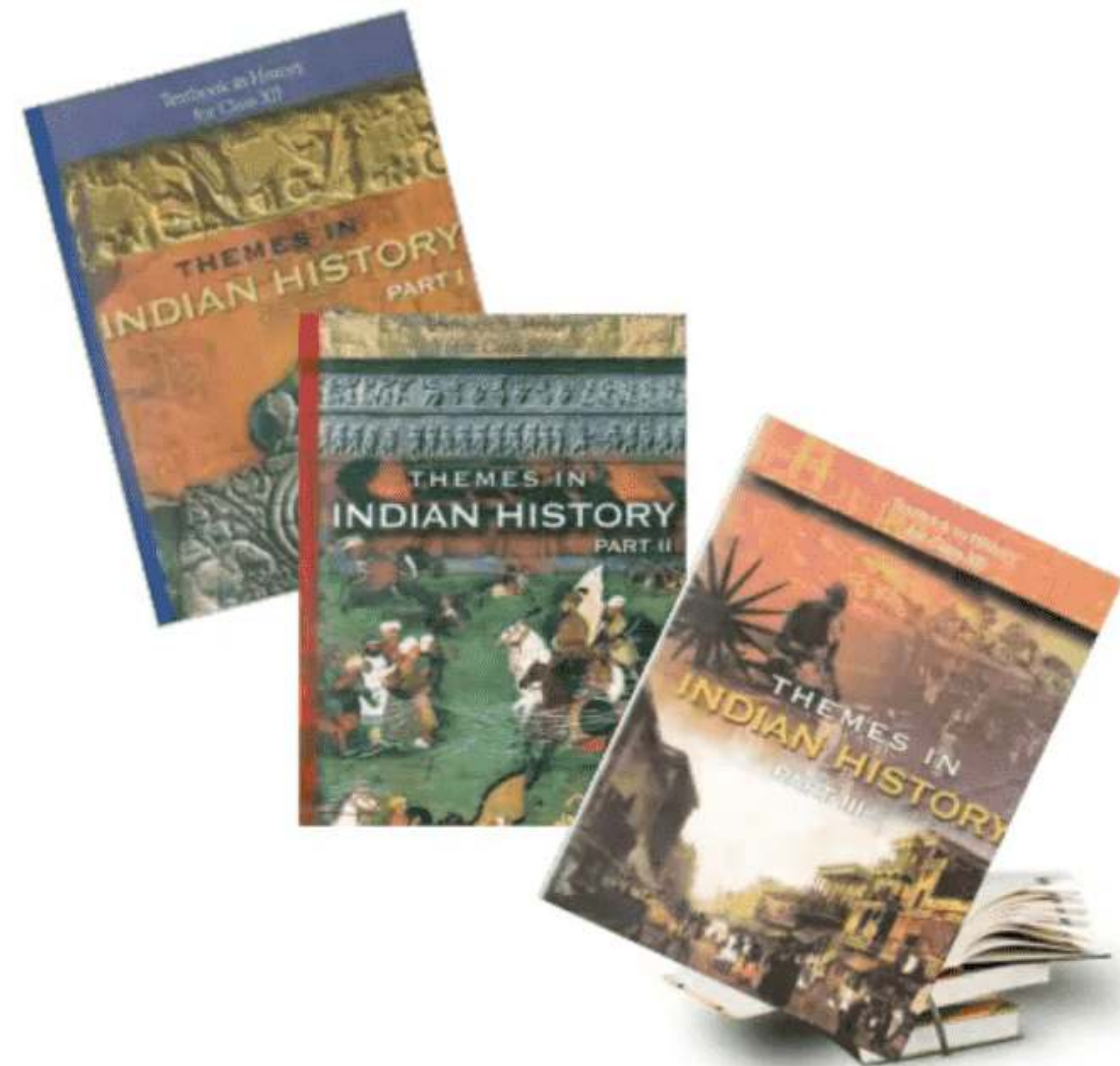
HISTORY NCERTS

UPSC Preparation Books from NCERT History Books:

History: NCERT Class XII – Themes In Indian History – I

History: NCERT Class XII – Themes in Indian History – II

History: NCERT Class XII – Themes In Indian History – III



HISTORY NCERTS

Additional IAS preparation books for reference: Old NCERT books for History (Pre 2000s):

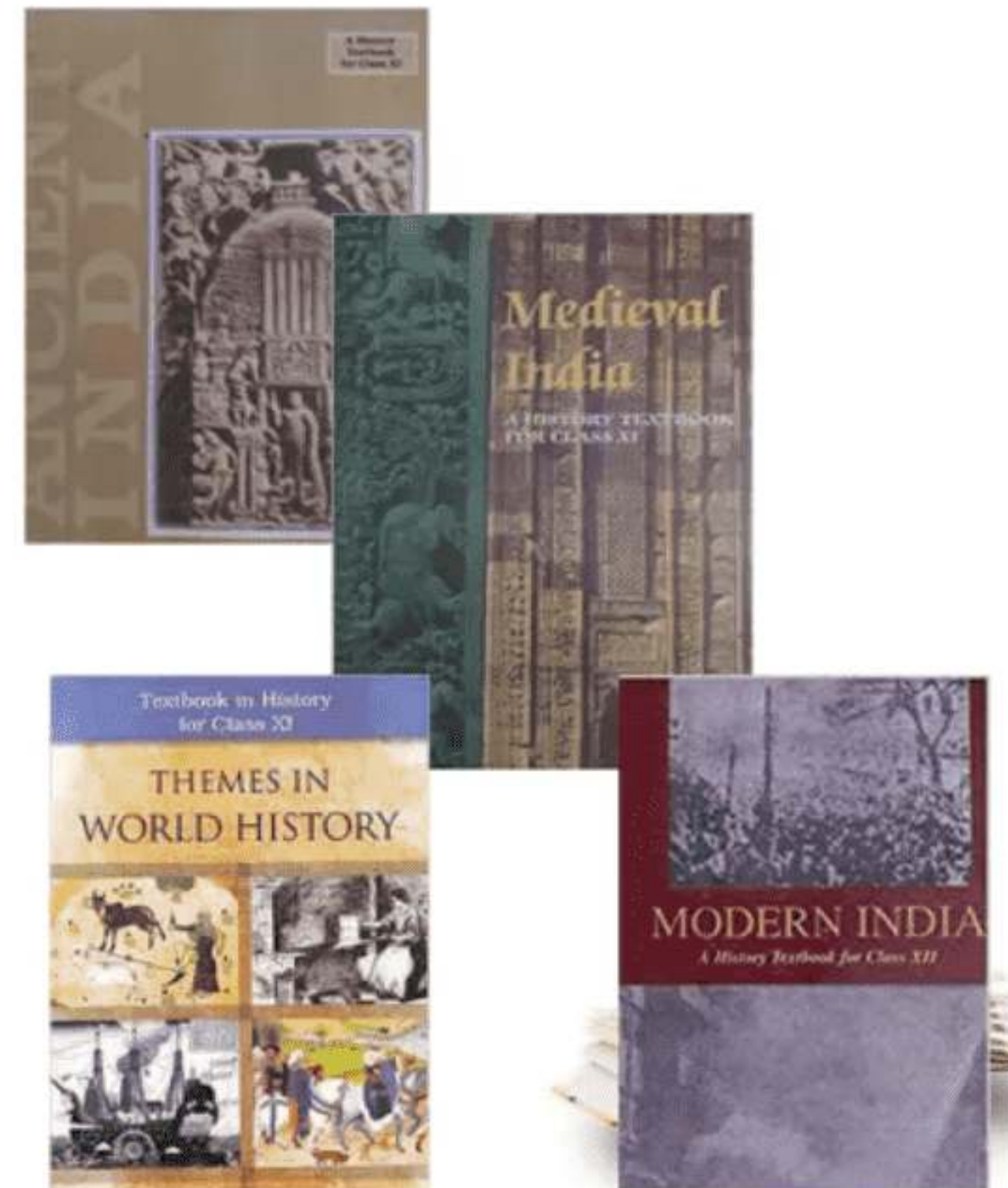
Ancient India (class XI) by RS Sharma: This covers the ancient Indian history syllabus completely.

Medieval India (class IX) by Satish Chandra.

Modern India (class X) by Bipin Chandra: Best book for UPSC Medieval History

World History (Class X): Should be enough for an intro to world history

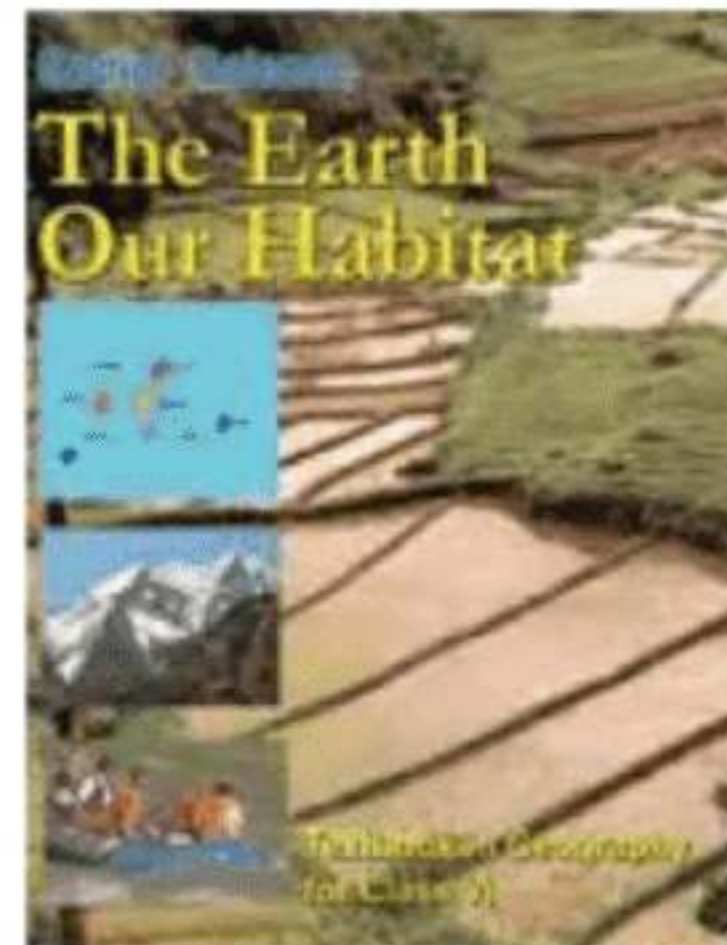
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GEOGRAPHY NCERTS

UPSC Preparation Books from NCERT Geography Books:

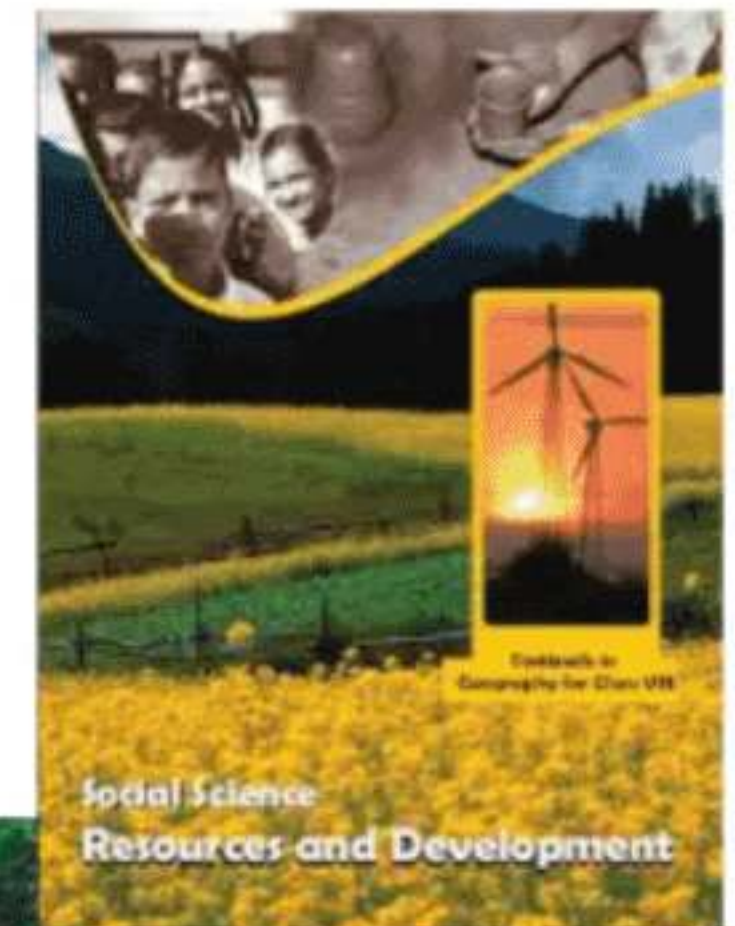
6th – The Earth: Our Habitat



7th – Our Environment



8th – Resources & Development



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GEOGRAPHY NCERTS

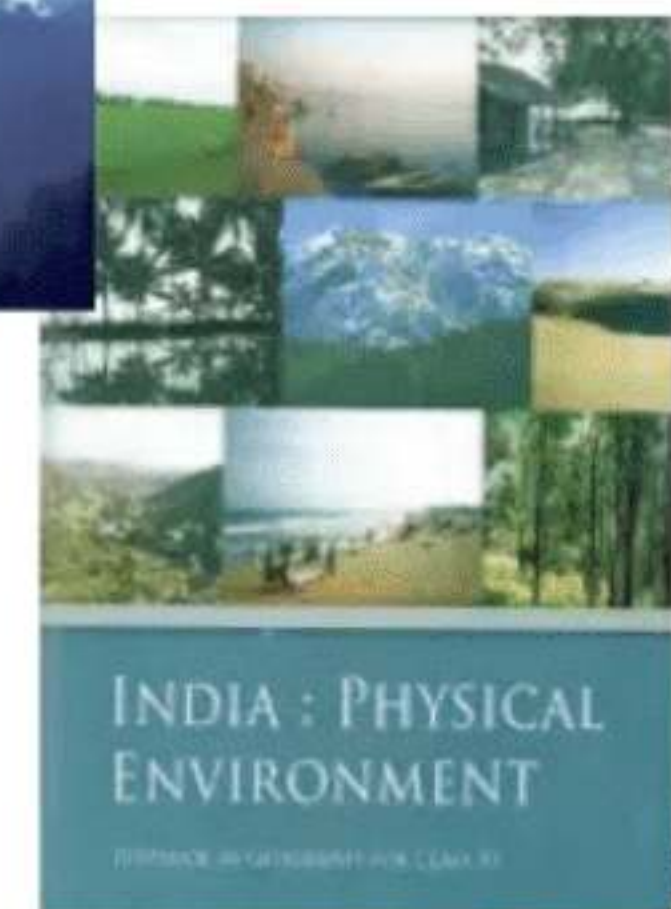
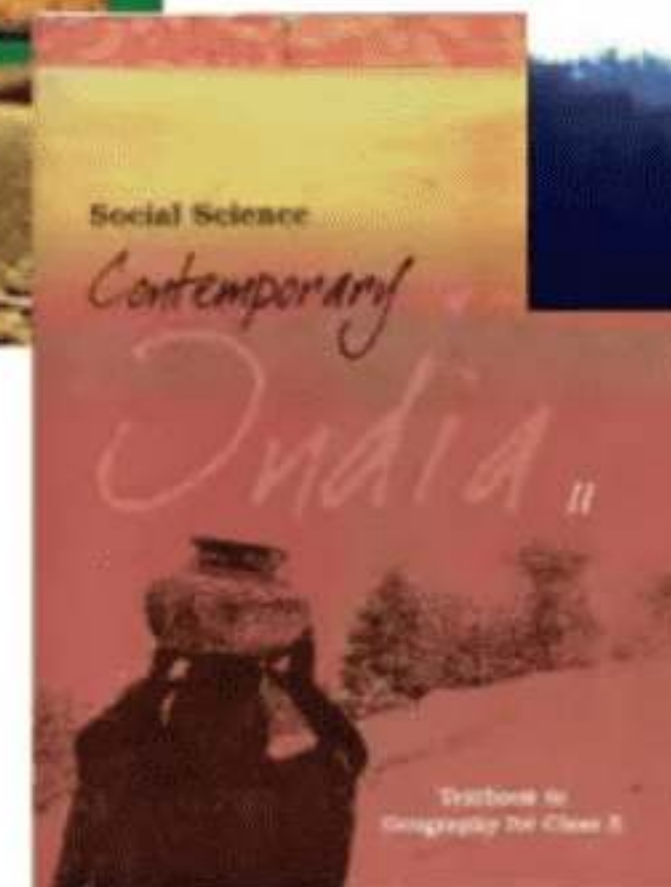
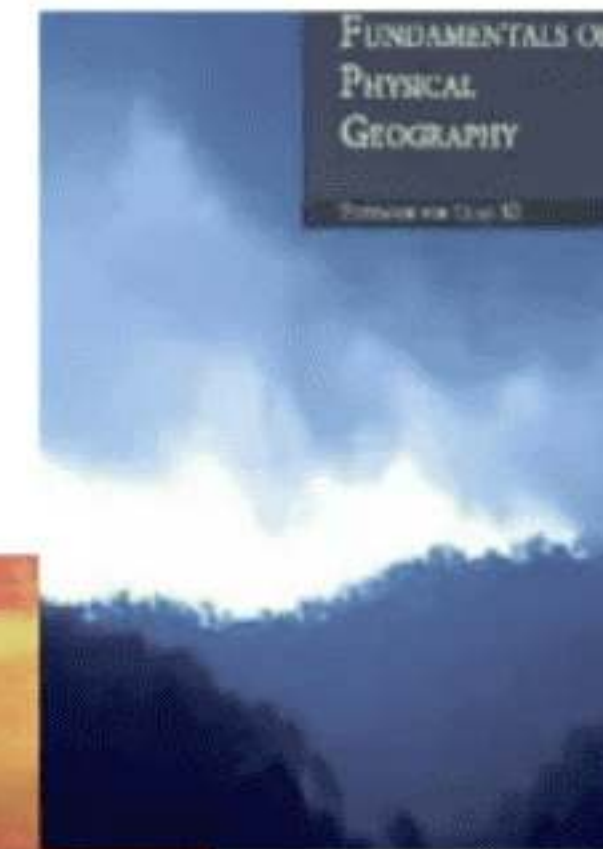
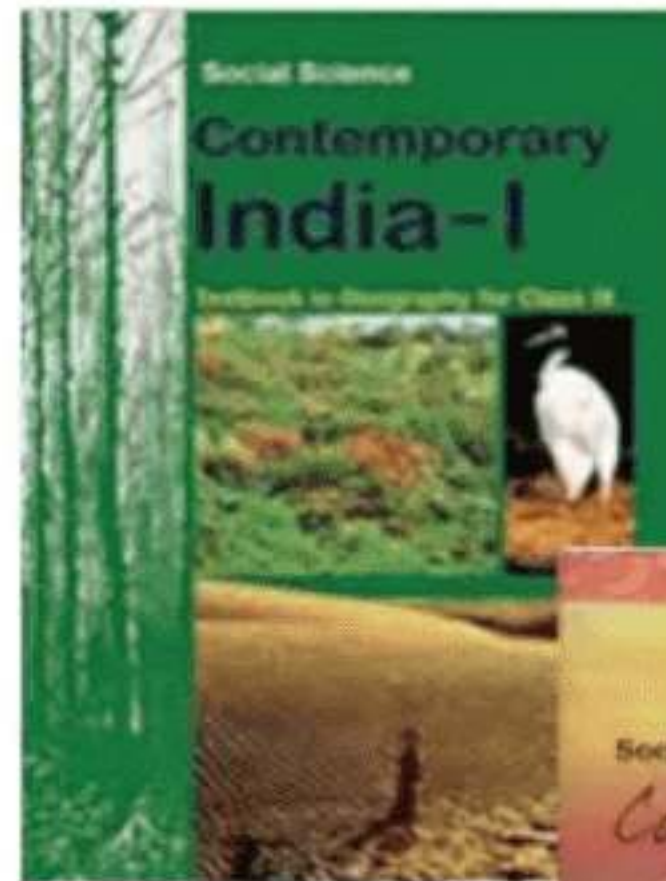
UPSC Preparation Books from NCERT Geography Books:

9th – Contemporary India 1

10th – Contemporary India 2

11th – Fundamentals of Physical
Geography

11th – India – Physical Environment



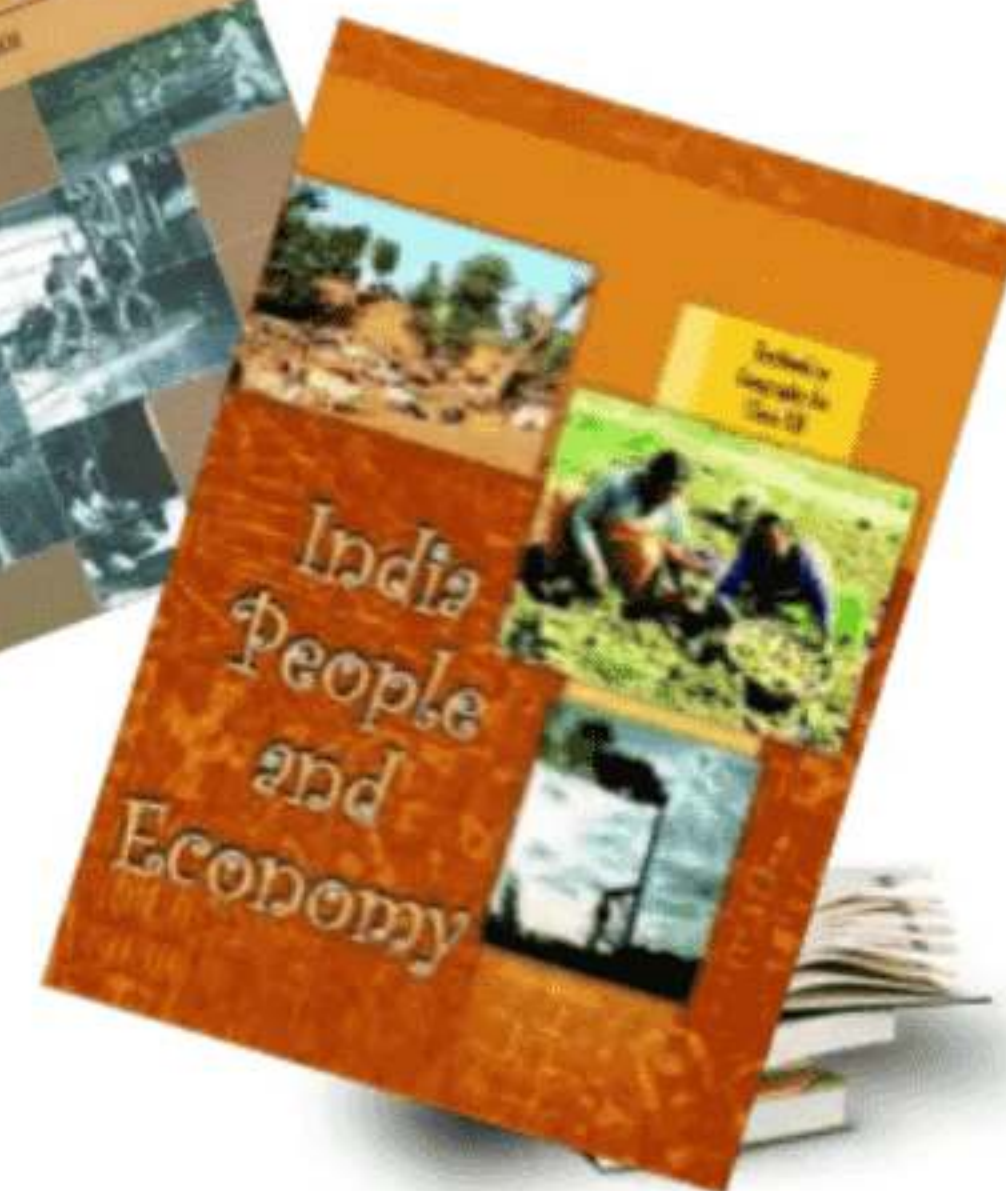
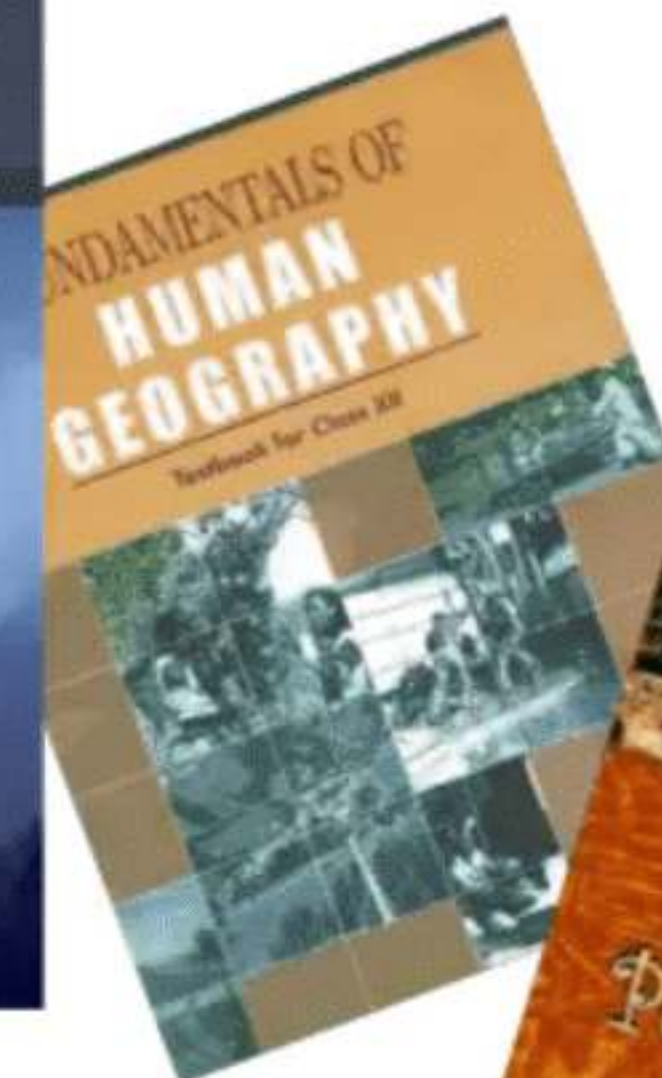
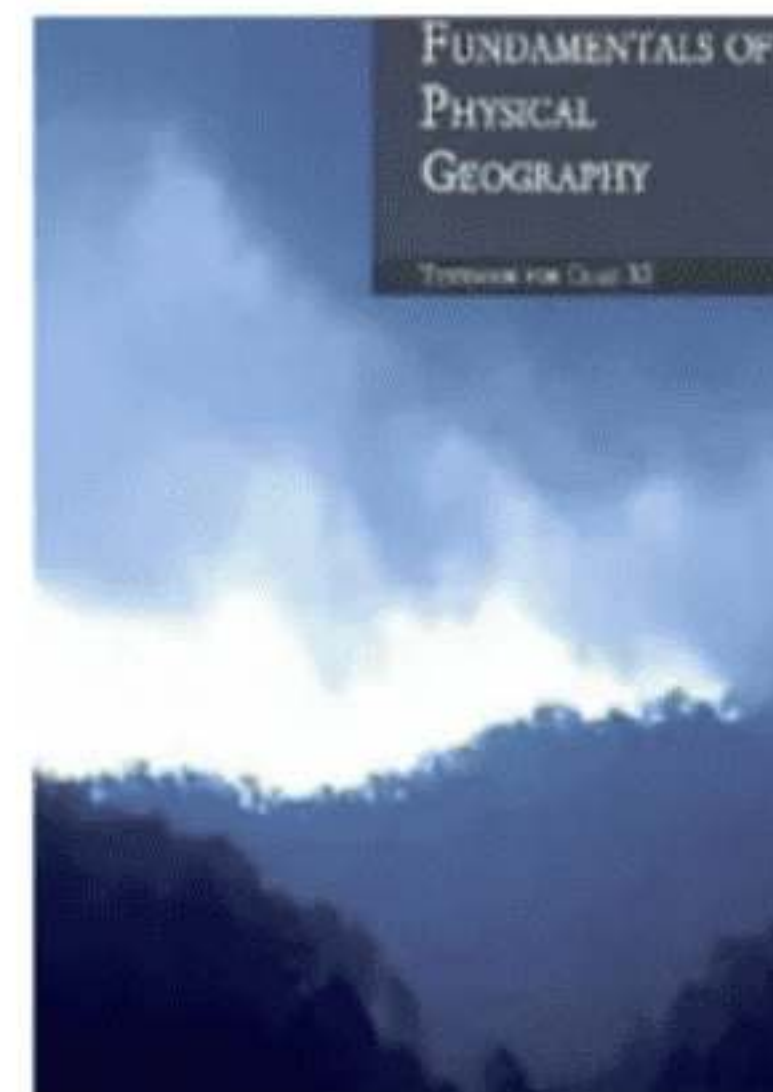
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GEOGRAPHY NCERTS

UPSC Preparation Books from NCERT Geography Books:

12th – Fundamentals of Human Geography

12th – India – People & Economy

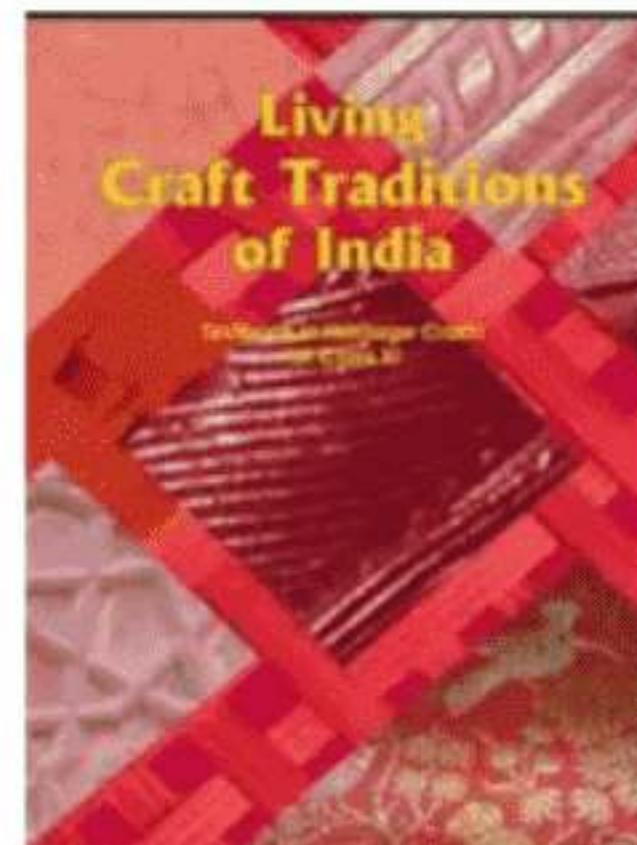
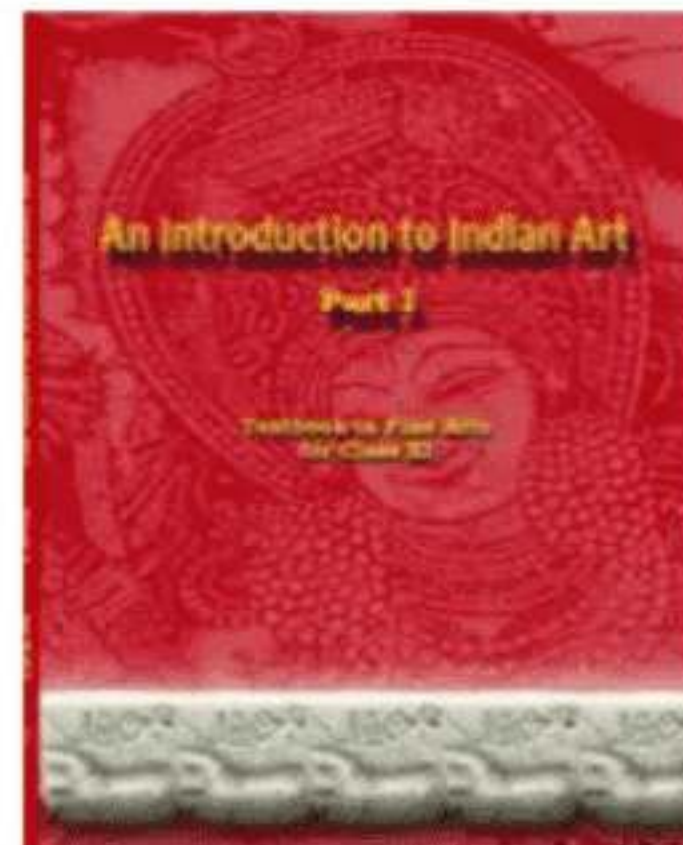


ART and CULTURE NCERTS

UPSC Preparation Books from NCERT Art and Culture Books:

Art & Culture : NCERT Class XI – An Introduction to Indian Art

Art & Culture : NCERT Class XI – Living Craft Traditions of India (Chapters 9 & 10)



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POLITY NCERTS

UPSC Preparation Books from NCERT Polity Books:

Polity: NCERT Class IX – Political Science: Democratic Politics Part – I

Polity: NCERT Class X – Political Science: Democratic Politics Part – II

Polity: NCERT Class XI – Political Science: Indian Constitution at Work



POLITY NCERTS

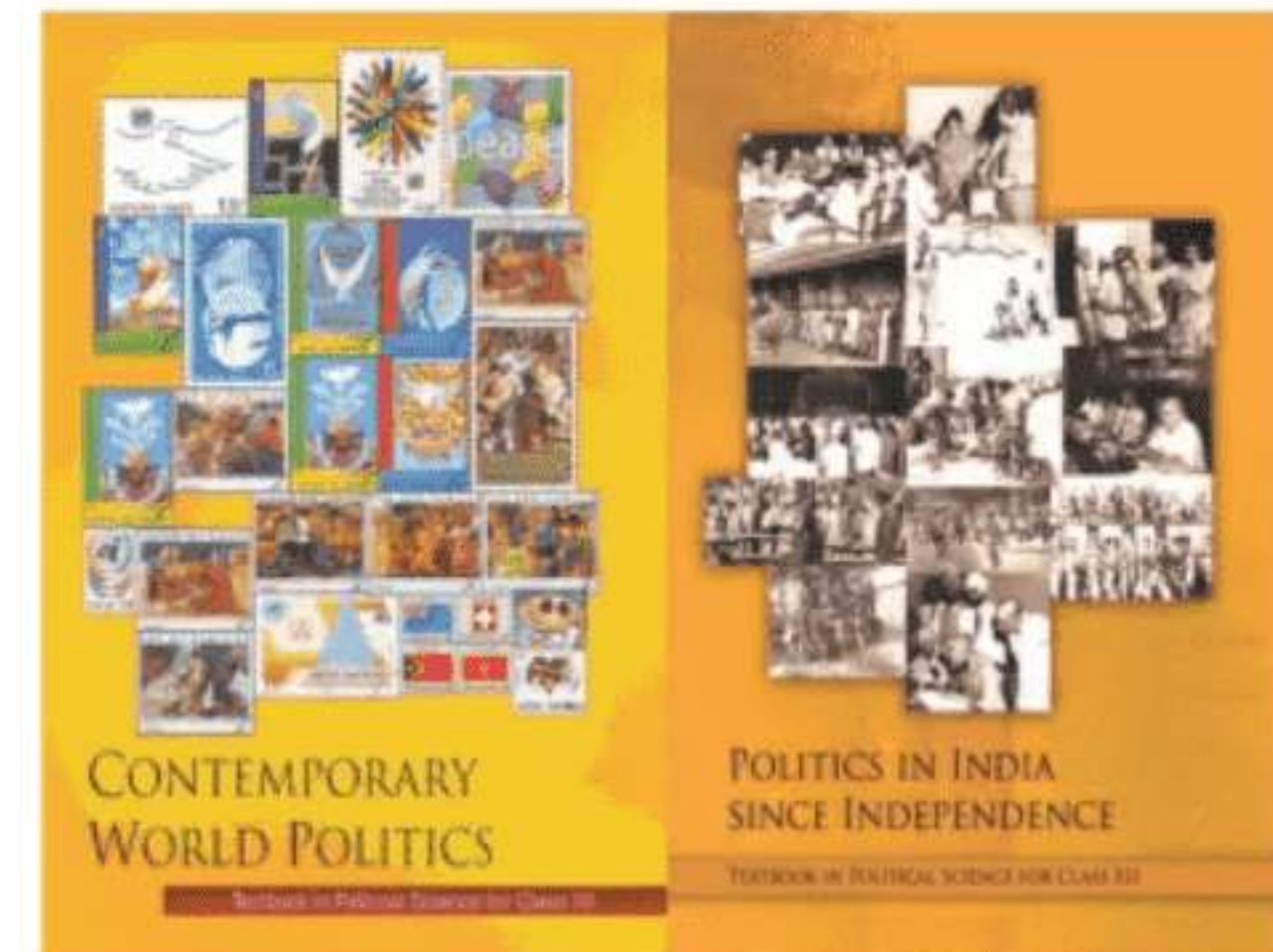
UPSC Preparation Books from NCERT Polity Books:

Polity: NCERT Class XI – Political Science: Political Theory



Polity: NCERT Class XII – Political Science I: Contemporary World Politics

Polity: NCERT Class XII – Political Science II: Politics in India since Independence



ECONOMY NCERTS

UPSC Preparation Books from NCERT Economy Books:

Economy: NCERT Class IX – Economics

Economy: NCERT Class X – Understanding Economic Development

Economy: NCERT Class XI – Indian Economic Development

Economy: NCERT Class XII – Introductory Macroeconomics



SCIENCE and TECH NCERTS

UPSC Preparation Books from NCERT Science and Tech Books:

Science: NCERT Class IX

Science: NCERT Class X

Science: NCERT Class XI – Chemistry: Unit 14

Science: NCERT Class XI – Biology: Units 4 & 5

Science: NCERT Class XII – Chemistry: Unit 16

Science: NCERT Class XII – Biology: Units 8, 9 & 10

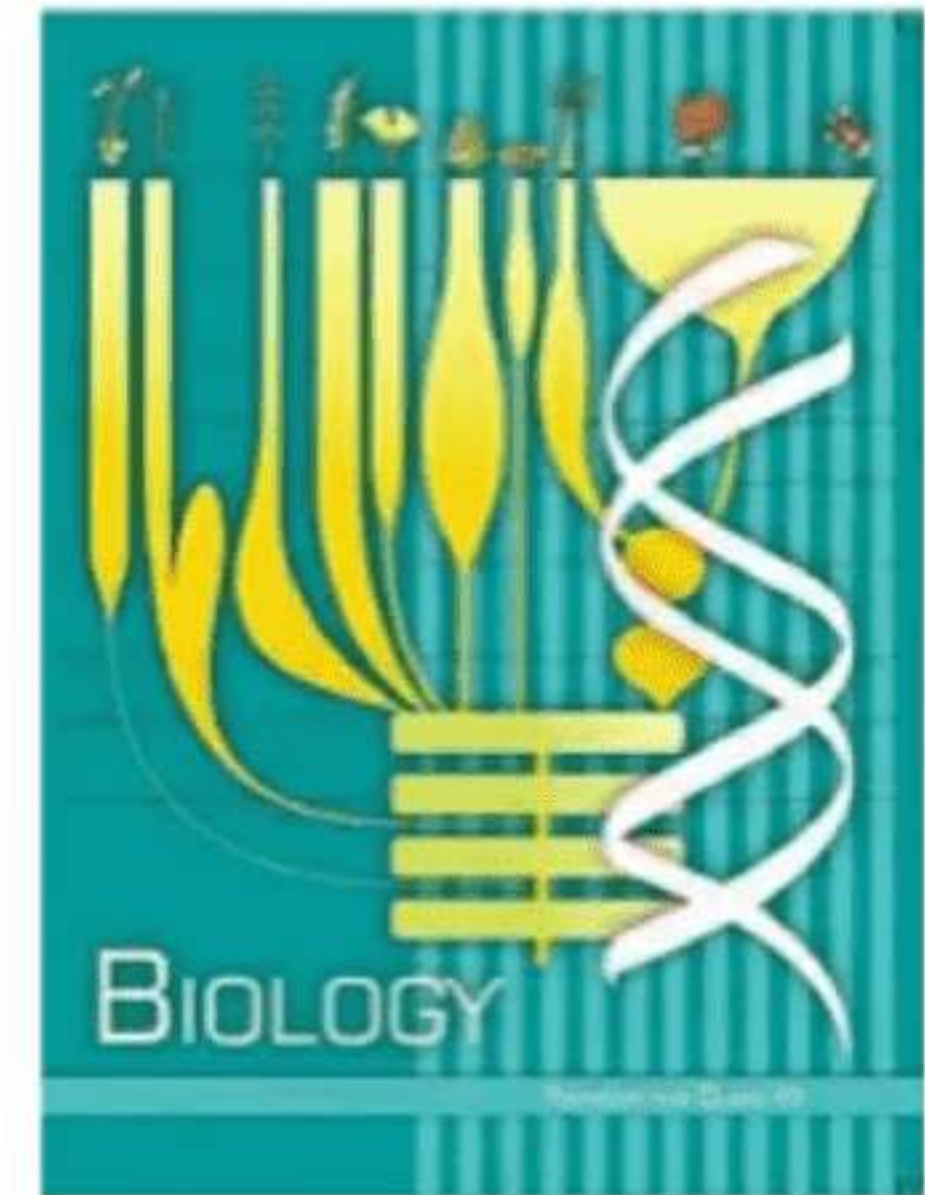


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ENVIRONMENT NCERTS

UPSC Preparation Books from NCERT Environment & Ecology Books:

Science: Class XII – Biology: last four Chapters (13 to 16)



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STRATEGY

How many times to read

It is recommended that you read the above mentioned NCERT Books at least 3 times.



HOW TO READ(recommended approach)

1st Reading

- The first time you're reading the books, read them like a novel.
- Highlight the important points using a highlighter or a pencil.
- Keep a dictionary handy.
- If you come across any difficult word, look it up immediately.
- If you don't understand a specific concept, use Google and read up about it.



HOW TO READ(recommended approach)

2nd Reading

- Give a gap of about 2 to 3 days after your first reading, before you begin your second reading.
- During your 2nd reading, ignore the unwanted details and focus on the notes you had highlighted during your 1st reading.
- It's a good idea to try and recall whatever you learnt during your 1st reading before revising each chapter.



HOW TO READ(recommended approach)

3rd Reading

- Now that you're done with your second reading, it's time to summarize what you have studied.
- The 3rd reading should be relatively faster than the 1st and 2nd.
- During the 3rd reading glance through each chapters' highlighted parts.
- Try and relate the concepts you're studying to current affairs, and connect the dots.



A photograph of a stack of books on a wooden table in a library. The background is filled with bookshelves containing many books, creating a warm and intellectual atmosphere. The lighting is soft, highlighting the texture of the paper and the wood.

THANK YOU

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